

CURRICULUM VITAE

Lesley J. Anderson, M.D.

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EDUCATION

Penn State University, 1969–1972, B.S. Biology
Hershey Medical School, 1972–1976, M.D.
Intern, U.S. Public Health Service Hospital, San Francisco, 7/76–7/77
Resident, UCLA Department of Orthopaedic Surgery, 7/79–6/83
Fellow, Sports Medicine and Knee Reconstruction, 7/83–6/84, Martin E. Blazina, M.D., Sherman Oaks, CA

EMPLOYMENT

General Medical Officer in Orthopaedics: U.S.P.H.S. Hospital, San Francisco, 7/77–11/77
Emergency Room Physician: Kaiser Permanente, Oakland, 11/77–1/78
Orthopaedic Short Appointment Clinic Physician: Kaiser Permanente, San Francisco, 4/78–5/79
Consultant in Orthopaedics: Social Security Administration, San Francisco, 7/77–6/79
Orthopaedic Surgery Consultant: U.S. Department of Labor, San Francisco, 8/82–2000
Orthopaedic Surgeon, specializing in Sports Medicine, Arthroscopy and Surgery of the Knee: Private Practice, Sherman Oaks, CA, 7/1/84–1/15/85
Sports Medicine Clinic Physician, UCLA Student Health Science, 9/84–6/85
Orthopaedic Surgeon, specializing in Arthroscopy and Surgery of the Knee and Shoulder: Private Practice, San Francisco, 10/15/85–Present

HOSPITAL

AFFILIATIONS

California Pacific Medical Center, San Francisco, CA
Pacific Heights Surgery Center, San Francisco, CA
St. Francis Memorial Hospital, San Francisco, CA
Presidio Surgery Center, San Francisco, CA

PROFESSIONAL

AFFILIATIONS

Assistant Clinical Professor, Department of Orthopedic Surgery, UCSF
Fellow, American Academy of Orthopedic Surgeons
Diplomate, American Board of Orthopedic Surgery—recertified 1994, 2004, 2015
Member, Arthroscopy Association of North America
Fellow, International Cartilage Repair Society
Member, Ruth Jackson Orthopedic Society
Member, California Medical Association
Member, San Francisco Medical Society
Member, California Orthopedic Association
Member, Western Orthopedic Association
Qualified Medical Examiner, July 1994- 2018, 2019-present

PROFESSIONAL

SERVICE

President –California Orthopedic Association 2020-2021
First Vice President: California Orthopedic Association 2019-2020
Second Vice President; California Orthopedic Association 2018-2019
California Orthopedic Association; Workers Compensation Committee; Chairman 2010- 2022; Committee Member 2007-present
Board of Directors, California Orthopedic Association 2012- present

Medical Advisory Committee, Division of Workers Compensation 2012-2014, 2017
Board of Directors, California Society of Industrial Medicine and Surgery, 2001-2007
Member, Editorial Review Board, *Journal of the American Academy of Orthopedic Surgeons*, a comprehensive review, 1998-present
Arthroscopy Association of North America; Health Care Policy Committee, 2000-2002; 2007-2009
President Elect- CSIMS, 2004-2005
Vice-President CSIMS, 2003
Legislative Chair- CSIMS, 2004
Vice Chairman, CPMC Dept of Orthopedic Surgery, 1998-1999
Orthopedic Quality Assurance Committee, California Pacific Medical Center, 2009-2011; 1994-1998; 2006-2012

CERTIFICATIONS:

American Board of Orthopedic Surgery 1987; recertified 1996; 2004; 2015 expires 2026

AWARDS

"America's Top Doctors" 2000-2022 inclusive – Castle Connolly publication
 California Orthopedic Association -William Tipton Leadership Award- 2015
 Top Doctors in San Francisco 2013-2022
 San Francisco Chronicle Best Doctors 2013, 2015,2016,2017,2018,2019,2020
 Women's Health Magazine; Best Orthopedic Surgeon List 2009
 Bay Area Top 500 Doctors 2001, 2015, 2016,2017,2018,2019-2022 – San
 Francisco Focus Magazine

PUBLICATIONS

- 1) "Risk Factor Assessment in 101 Total Hip Arthroplasties: A Medical Perspective," *Clinical Orthopaedics* 141:50, June 1979.
- 2) "Syme Amputation in Children: Long-Term Follow Up," *Journal of Pediatric Orthopaedics* 4:550–554, 1984.
- 3) "MR Imaging in the Detection of Meniscal Injuries," *Radiology* 159:3:753, June 1986.
- 4) "Patellofemoral Replacements; Utilizing a Customized Femoral Groove Replacement," *Techniques in Orthopedics*, May 1990. Blazina, Martin; Anderson, Lesley; Hirsh, Linda.
- 5) "MR Imaging of the Knee with a 0.064 T Permanent Magnet," *Radiology* 175(3): 775–778, June 1990. Rothschild, P.; Domesek, J.; Kaufman, L.; Kramer, D.; Dye, S.; Anderson, L.; Lewis, Jack; Gon, M.
- 6) "Athletic Participation in Ligamentously Lax Individuals," *Journal of the American Medical Association* 256:4:527.
- 7) "Activity Following Total Hip Replacement," *JAMA*, Vol. 254, No. 6, p. 826.
- 8) "MRI in Orthopedics and Sports Medicine," in *The Knee*, by D. Stoller, Lippincott, 1993.
- 9) Stoller, D.; Anderson, L.; et al. "Three-Dimensional Rendering and Classification of Meniscal Tears Disarticulated from 3 D FT Images," *Abstracts of the 9th Annual Scientific Meeting and Exhibition of the Society of MR in Medicine*, Vol. 1, New York, 1993, p. 345.
- 10) Chapter "The Knee" in *Occupational Injuries, Evaluation, Management, and Prevention*, Herrington and Morse, editors, Mosby, 1995.
- 11) Magnetic Resonance Imaging in Orthopedics and Sports Medicine, 3rd Edition, 2007, Chapter "The Knee" D. Stoller, Lippincott, 2007
- 12) Sterile Pretibial Abscess in after ACL reconstructions from Bioabsorbable Screws: Arthroscopy: Vol 23, Issue 8, 911. August 2007
- 13) Use of platelet rich fibrin matrix in rotator cuff repairs; In workers compensation patients: A retrospective analysis; in process
- 14) Stoller's "The Shoulder" textbook; Contributor; Wolters Kluwer 2015

- 15) Postoperative Compliance and Return to Work after Rotator Cuff Repair; The value of an interactive online rehabilitation program in workers compensation patients.; Orthopedics vol. 44 No 2; e 197

PRESENTATIONS

- 1) "Syme Amputations in Children," Western Orthopaedic Association, Palm Springs, CA, May 1982.
- 2) "Low Back Pain in Women Runners," Women's TRACC Conference on Running Injuries, Los Angeles, CA, October 1982.
- 3) "Syme Amputations in Children," UCLA Grand Rounds, UCLA, April 1983.
- 4) "Arthroscopy," Sherman Oaks Community Hospital Public Interest Health Series Lecture, Sherman Oaks, CA, September 1983.
- 5) "Arthroscopic vs. Open Meniscectomy," Western Orthopaedic Association, Los Padres Chapter, Santa Barbara, CA, April 1984.
- 6) "Low Back Pain," UCLA Student Health Service, Grand Rounds, UCLA, December 1984.
- 7) "Orthopaedic Problems in Women," UC Davis Office of Continuing Medical Education, Sports Medicine 1985 Symposia, Lake Tahoe, CA, January 1985.
- 8) "Syme Amputations in Children," Scientific Exhibit, American Academy of Orthopedic Surgeons Annual Meeting, Las Vegas, NV, January 1985.
- 9) "Patellofemoral Disorders," UCLA Sports Medicine Symposia, February 1985.
- 10) "Evaluation of Knee Pain in the Woman Athlete," Women's Sports Medicine Update, University of California at Davis Office of Continuing Medical Education, Monterey, CA, November 1985.
- 11) "Women's Sports Injuries," American Medical Women's Association, Mother Lode Chapter Women's Sports Symposia, Sacramento, CA, March 1986.
- 12) "Evaluation and Rehabilitation of Patellofemoral Problems," Bay Area Study Symposia on Physical Therapy, San Francisco, CA, April 1986.
- 13) "Care and Treatment of the Problem Knee," University of the Pacific Spring Symposia, Stockton, CA, April 1986
- 14) "Evaluation and Treatment of Patellofemoral Disorders," National Athletic Trainers Association National Meeting, Las Vegas, NV, June 1986.
- 15) "Arthroscopic Stapling Capsulorrhaphy for Recurrent Anterior Shoulder Instability," University of California at Los Angeles (UCLA) Grand Rounds, November 1986.
- 16) "Arthroscopic Stapling Capsulorrhaphy for Recurrent Anterior Shoulder Instability," Hospital for Special Surgery Alumni Meeting, November 1986.
- 17) "Approach to the Acutely Injured Knee," National Association of Orthopedic Technologists Annual Meeting, San Francisco, CA, August 1987.
- 18) "Sport as Medicine," American Medical Women's Association Western Regional Conference, Monterey, CA, October 1987.
- 20) "Prevention of Injuries in the Female Patient," American College of Surgeons Annual Meeting, San Francisco, CA, October 1987.

- 21) "AIDS and the Surgeon," AAPHR Women in Medicine Annual Meeting, Mohonk, NY, September 1988.
- 22) "Knee Problems in Athletes," The KGO Medicine Show, San Francisco, CA, May 1989. "Knee Problems in Athletes," The KGO Medicine Show, San Francisco, CA, May 1989.
- 23) "Three-Dimensional Rendering and Classification of Meniscal Tears Disarticulated from 3 DFT Images," RSNA, December 1990—coauthor.
- 24) "Allograft Uses in the Knee," American College of Surgeons, Northern California Chapter Annual Meeting, May 11, 1991.
- 25) "Three-Dimensional Imaging of Meniscal Lesions," Current Issues of MRI in Orthopedics & Sports Medicine, San Francisco, CA, September 11, 1992.
- 26) "Surgery in the Senior Patient," AMWA National Meeting, San Francisco, CA, November 13, 1992.
- 27) "Three-Dimensional Imaging of Meniscal Lesions," Current Issues of MRI in Orthopedics & Sports Medicine, San Francisco, CA, September 9, 1993.
- 28) "Three-Dimensional Imaging of Meniscal Lesions," Current Issues of MRI in Orthopedics & Sports Medicine, San Francisco, CA, September 9, 1994.
- 29) "Orthopedics for the Primary Care Physician—Knee Evaluation," California Pacific Medical Center, Department of Orthopedic Surgery, September 17, 1994.
- 30) "Three-Dimensional Imaging of Meniscal Lesions," Current Issues of MRI in Orthopedics & Sports Medicine, San Francisco, CA, September 1995.
- 31) "The Use of Bone Scans in the Management of Painful Conditions in the Knee," Western Orthopedic Association, Northern California Chapter, January 26, 1996.
- 32) "The Use of Bone Scans in the Treatment of the Degenerative Knee," Western Orthopedic Association meeting, Lake Tahoe, California, January 1996.
- 33) "Three-Dimensional Imagery of Meniscal Lesions," Current Issues of MRI in Orthopedics & Sports Medicine, San Francisco, CA, September 1996.
- 34) "7-Year Follow-up on Use of Allografts for ACL Reconstruction," Presented Orthopedic Grand Rounds, California Pacific Medical Center, March 1997.
- 35) "Evaluation of the Knee and Shoulder for the Primary-Care Physician," CHAIS Annual Meeting, Sacramento, CA, March 1997.
- 36) "Arthritis and the 'Old' Knee," GLMA, Women in Medicine Conference, Kona, Hawaii, March 1997.
- 37) "Treatment of Patellofemoral Disorders," Advanced Techniques for Treatment of Patellofemoral Problems, guest lecturer, Seton Medical Center, Daly City, CA, April 1997.
- 38) "Long-Term Follow-up of ACL Reconstruction Using Fresh Frozen Irradiated Allograft Ligaments in Knee Surgeries 1990-1995", UCSF Grand Rounds, Mt. Zion & San Francisco General Hospital, San Francisco, CA, May 1997.
- 39) "Meniscal Lesions," Current Issues of MRI in Orthopaedics and Sports Medicine, San Francisco, CA, September 1997.

- 40) "Treatment of Chondral Lesions," Issues of MRI in Orthopaedics and Sports Medicine, San Francisco, CA, September 1998.
- 41) "Treatment of Chondral Lesions" Issue of MRI in Orthopedics and Sports Medicine, San Francisco, September 1999.
- 42) "The Use and Abuse of Worker's Compensation the Lower Extremity" CPMC, San Francisco, Ca. May 1999.
- 43) Topics in Emergency Medicine- Sportsmedicine", UCSF Annual Course, San Francisco, Ca November 1999.
- 44) "Treatment of Medial Compartment Arthritis" Bay Area Knee Society, San Francisco, Ca. February 2000.
- 45) "Knee Pain-Why Doesn't it Get Better?", California Orthopedic Association- Worker's Comp Seminar, Oakland, Ca. May 2000.
- 46) "Treatment of Chondral Injuries" Issues of MRI in Orthopedics and Sportsmedicine, San Francisco, Ca. August 2000.
- 47) "Basic Orthopedic Terminology and Conditions"- CCSF Worker's CompSeminar, Walnut Creek, Ca. October 2000.
- 48) Acute and Chronic Knee Pain; AOHC Annual Meeting, San Francisco, April 2001.
- 49) "Treatment of Chondral Injuries" Issues of MRI in Orthopedics and Sportsmedicine, San Francisco, Ca. August 2001
- 50) Osteochondral Allografts – Cell Viability Issues – AAOS Summer Institute – MTF Sponsored – San Diego, Ca. September 2001
- 51) Meniscal Allografts- AAOS Summer Institute, MTF Sponsored, San Diego, Ca. September 2001
- 52) Osteochondral Allografts – Ruth Jackson Orthopedic Society, Chicago, Ill. October 2001
- 53) Sportsmedicine Injuries- Topics in Emergency Medicine- UCSF Annual Course, October 2001
- 54) Chondral Injuries – CPMC Grand Rounds, November 2001
- 55) Chondral Injuries – Issues in MRI and Sportsmedicine, San Francisco, Ca. August 2002
- 56) Chronic Knee Pain- Why Doesn't it Get Better?, California Orthopedic Association , Oct 2002, Oakland, Ca.
- 57) Osteotomies of the Knee - The Forum, Scottsdale, AZ, December 2002
- 58) OATS-Allografts and Autografts –The Forum, Scottsdale, AZ, December 2002
- 59) Shoulder Injuries – CSIMS Mid Summer Seminar, Squaw Creek, June 2003
- 60) Thee Old Knee- Univ of Vermont Women in Medicine; Asilomar CA, July 2003
- 61) Orthopedic Presentation- UCSF COEH Annual Meeting, July 2003
- 62) "Treatment of Chondral Injuries" Issues of MRI in Orthopedics and Sportsmedicine, San Francisco, Ca. Aug 2003
- 63) "Treatment Of Chondral Injuries"; Issues of MRI and Orthopedics and Sportsmedicine, San Francisco, Ca. August 2004

- 64) Treatment of Chondral Injuries; Issues of MRI and Orthopedics and Sportsmedicine; San Francisco, Ca. August 2005
- 65) SLAP Lesions-Advances in Upper Extremity Surgery- CPMC Orthopedic Education Day San Francisco, Ca. Sept 2005
- 66) Use of Biologic Scaffolds in Resurfacing Chondral Defects- The Forum, Las Vegas, NV, Jan 27 2006
- 67) Treatment of Chondral Injuries; Issues of MRI and Orthopedics and Sportsmedicine; San Francisco, Ca. August 2006
- 68) Evaluation of Meniscal Lesions; Issues of MRI and Orthopedics and Sportsmedicine; San Francisco, Ca. August 2006
- 69) Boomeritis, California Orthopedic Association Annual Meeting; Monterey, Ca. March 2007
- 70) Enhancing Rotator Cuff Repair, CPMC Orthopedic Education Day; San Francisco, Ca. July 2007
- 71) Treatment of Chondral Injuries; Issues of MRI and Orthopedics and Sportsmedicine; San Francisco, Ca. August 2007
- 72) Evaluation of Meniscal Lesions; Issues of MRI and Orthopedics and Sportsmedicine; San Francisco, Ca. August 2007
- 73) Evaluation of the Use of Scaffolds for Treatment of Articular Cartilage Lesions; ICRS Annual Meeting, Warsaw Poland, September 30, 2007
- 74) Treatment of Trochlear Lesions; Pac Med Orthopedic Symposium, Tracy, CA, October 27, 2007
- 75) Use of PRFM in treatment of Rotator Cuff Tears; AAOS Private Symposium, MTF, March 5, 2008
- 76) Boomeritis, California Orthopedic Association Annual Meeting, Newport Beach, Ca. May 2008
- 77) Boomeritis, WIM, University of Vermont, Monterey, Ca. July 2008
- 78) Evaluation of Meniscal Lesions; Issues of MRI and Orthopedics and Sportsmedicine; San Francisco, Ca. August 2008
- 79) Use of Platelet Rich Fibrin Matrix in Rotator Cuff Repairs: ePoster; AANA April 2009 San Diego, CA
- 80) Evaluation of Meniscal Lesions; Issues of MRI and Orthopedics and Sportsmedicine; San Francisco, Ca.; September 2009
- 81) Treatment of Chondral Defects Panel: Issues of MRI and Orthopedics and Sportsmedicine; San Francisco, Ca. September 2009
- 82) Use of Platelet Rich Plasma in Rotator Cuff Repairs; Fall AANA Palm Springs, Ca November 2010; MTF sponsored symposia
- 83) Use of Platelet Rich Plasma; The Forum January 2010 San Diego Ca.
- 84) Clinical Uses of Platelet Rich Plasma; What to Use When? Pacific Medical Women's Orthopedic Symposium, February 2010 Tracy, Ca.
- 85.) Economic Benefits of Platelet Rich Fibrin Matrix; Instructional Course Lecture: AANA Annual Meeting; Hollywood Florida, May 2010

- 86) What's Hot and What's Not: Update in Orthopedics; WIM Annual Meeting; Squaw Valley, C.a May 2010
- 87) Evaluation of Meniscal Lesions; Issues of MRI and Orthopedics and Sportsmedicine; San Francisco, Ca.; August 2010
- 88) Economic Benefits of PRP in Rotator Cuff Repair: AANA Annual meeting; Symposia sponsored by MTF April 2011, San Francisco, Ca.
- 89) Economic Benefits of PRP; AOSSM Annual Meeting San Diego July 2011; Instructional Course Lecture "Beyond PRP"
- 90) Evaluation of Meniscal Lesions; Issues of MRI and Orthopedics and Sportsmedicine; San Francisco, Ca.; August 2011
- 91) Platelet Rich Plasma; What is Myth and What is "Truth"; Women Orthopedist Symposium; Pacific Medical Tracy, Ca. October 2011
- 92) MSK Ultrasound Diagnostic and Interventional Uses; COA , San Francisco, CA Nov 5, 2011
- 93) Orthopedic "Red Flags" ; COA sponsored symposia for SCIF; Santa Ana and Pleasanton ; 12/1/11 and 12/8/11
- 94) COA QME Annual meeting at AAOS; Update in Workers Compensation; Program Chair; February 7, 2012 San Francisco, CA
- 95) Evaluation of Meniscal Lesions; Issues of MRI and Orthopedics and Sportsmedicine; San Francisco, Ca.; August 2012
- 96) PRP: Myth vs. Truth, California Orthopedic Association Annual Meeting Palos Rancho Verdes, April 2013
- 97) MSK and PRP; Issues of MRI and Orthopedics and Sportsmedicine; San Francisco, Ca.; August 2013
- 98) OATs + De novo; SF Cartilage Symposium, San Francisco, CA. Nov 8, 2013
- 99) PRP Update ; The Forum: Sonoma, Ca. January17, 2014
- 100) Posterolateral Ligament Injuries of the Knee; Stoller MRI Advances; Las Vegas, NV: March 29, 2014
- 101) MSK and PRP; Issues of MRI and Orthopedics and Sportsmedicine; San Francisco, Ca.; September 2014
- 102) Surviving the Workers Comp Morass; California Orthopedic Association Annual meeting, Palm Springs, Ca April 2015
- 103) Posterolateral Ligament Injuries of the Knee; Stoller MRI Advances; Las Vegas: October 2015
- 104) Stem cells and Biologics in Orthopedics – Univ of Vermont, Chicago, Ill August 2016
- 105) Stem Cells Update; Northern California Orthopedic Society Annual Meeting Feb 2017
- 106); Surviving Workers Comp; COA Annual meeting La Costa, Ca 2017
- 107) Workers Comp Drug Formulary Update: COA annual Meeting, La Costa Ca May 2017

108) Biologics and Treatment of Arthritis Community Forum Sausalito, Ca Feb 2019

109) Update on the Use of Biologics in Orthopedics; Women in Medicine, Phila, Pa. August 2019

**COMMUNITY
SERVICE**

VOLUNTEER PHYSICIAN

U.S. Olympic Training Camp, Squaw Valley, 1978

U.S. Olympic Track and Field Trials, Los Angeles, 1984

U.S. Olympic Games—Baseball Venue, Los Angeles, 1984

UCLA Women's Basketball Team, 1979–1984

San Francisco Unified School District—Football Physician, 1987–1988

Virginia Slims of California, Medical Consultant, Oakland, 1988–1990

Soccer Coach; 1995-1998

UCSF Mentor Longitudinal Clinical Experience for third year medical students; 2002-present

SFGH Internal Medicine Department- Teacher to residents who attend office weekly 2000- present- delayed due to Covid

OUTSIDE ACTIVITIES

Gardening, Landscaping, Reading, Fixing things, Being a Grandparent/caregiver